



# The Nellis Times

## January 2012



### Making "Be an Good Example" Real

Matthew R. Heusser, Maj, CAP

Submitted by C/Lt Col Crisp

#### What kind of an example are you?

At Boulle-Norman Cadet Squadron, when Cadets go before a board for Cadet A1C, they are confronted with a reality: Everyone is an example. More so, the "just slightly superior" Cadets can have even more of an impact than the older Seniors. Every Cadet can see themselves advancing a rung or two up the ladder, and may want to be like their superiors. Very few Cadets have a desire to be, say, the Senior Member Finance Officer. That job is so removed from where they are now that they just don't see it happening.

So, the Phase II or Three Cadet who is reading this is probably thinking "Okay, I get all that stuff in the leadership book about being a good example. I want to be a good one. How can I measure myself, and where can I improve?"

It starts with this: Everything you do sends a message.

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### Promotions

#### Aerospace Education Officer

C/Capt Ruben A. Cruz-Colon 13 Dec 2011

#### Wright Brothers

C/SSgt Shane C. Hutchins 20 Dec 2011

#### Mary Feik

C/SrA Dakota Q. Read 20 Dec 2011

#### Gen Hap Arnold

C/A1C Joseph Brousseau 27 Dec 2011

### Awards

#### Gill Robb Wilson Award

Maj Chuck Corway 21 Dec 2011

#### Membership Ribbon

SM Joseph A. Brousseau 22 Nov 2011

SM Robert J. Griffith 20 Dec 2011

SM Robert A. Lopez II 08 Nov 2011

### Nellis Composite Squadron Website

[www.nvwg.cap.gov/units/ncs/ncs.htm](http://www.nvwg.cap.gov/units/ncs/ncs.htm)

If you have not visited our squadron website recently, you really need to go there. The site is current, updated on a regular basis, and is fast becoming the go-to site for emergency services training resources. You will find the most current cadet promotion agreements stored on the site as well as squadron operating instructions, forms, worksheets, activity flyers, and instructions for special events. We are looking to strike a balance between our squadron's Facebook page and the website.

The Facebook page excels at pushing information to your personal Facebook page and sharing photos of events. Products that are best viewed as a non-photo such as newsletters, worksheets, promotions agreements, etc. work best on the squadron website for easier access. Some information, like weekly schedules, will be loaded on both locations. If you don't find it on one site, be sure to check the other site.

## Senior Members

As we look forward to the New Year, we have great expectations for our squadron. The Senior Member meeting on 27 December saw us looking into the New Year and planning squadron meetings and activities.

Our newest Senior Members have enthusiasm for our program. Two have Army backgrounds and one formerly worked with a cadet squadron. Our long time Senior Members have knowledge and experience in the program. These two, new and experienced, can meld together to make NCS the best squadron in Nevada Wing.

If you've not participated actively in our regular meetings lately, we invite you to return and contribute your knowledge, experience, and skill set to our squadron. All Senior Members are valuable to our squadron. There is a place for you.

Dianne Crisp, 1<sup>st</sup> Lt, CAP

Deputy Commander – Seniors

## Orientation Flights

In a perfect world, we would identify when cadets are available to fly next month and then schedule the aircraft, the pilot, and the cadets to fly. We haven't gotten to that point. Now, when we ask cadets to tell us when they are available to fly, we are only talking about the next couple of weeks. If you don't tell us, we will not schedule the airplane and pilot. When you tell us you can be there, we will make it happen for you.

Just to clear up some confusion... It doesn't matter if you have told us you are "always available" to fly. We have wasted too many hours trying to schedule a cadet who is "always available" but happens to have a dental appointment or will be out of town when we want them to fly. So when we ask for volunteers, VOLUNTEER if you want to fly!

## Facebook URL

[www.facebook.com/ncs069](http://www.facebook.com/ncs069)

"Like" our squadron Facebook page and get changes and new events posted to your wall as they occur. You do not have to sign up on Facebook to see our page.

## January Birthdays

01	Rachael Hollister
03	Chuck Corway
03	Tyler Mills
06	Mary Ann Pedley
06	Joshua Miller
13	Ronald Gomes
26	Patrick Casa
31	George Thompson



## No More Element Leaders!

The duty title of Element Leader is used in CAPP 52-15, Cadet Staff Handbook, for the first cadet leadership position in CAP. However, it lacks the historical authority that position holds under its previous title—**Squad Leader**.

CAPR 20-1, Organization of Civil Air Patrol, still uses the Squad Leader title and that is what we will be using until National changes the regulations. So Squad Leaders, take command of your squads!

## Cadet On-line Testing

If you take an on-line test, make sure you save the results some way before leaving the page. Use Print Screen, Screen Capture, your cell phone camera, or any other way to capture the screen to show you passed the test. Then send it to Lt Col Parker and he will enter your score for the test in eServices.

If you are locked out of the test, please contact Lt Col Parker or any cadet program officer to have your access reset. You can't be reset unless someone knows you need to be reset. Make sure you explain why you are locked out.

# Cadet Physical Fitness Testing

“Fit for Life” is the motto of the Cadet Physical Fitness Program. Our goal is to help you develop a personal fitness plan that makes you “fit for life”. This really means that you should be able to pass the cadet physical fitness test at any time. Some cadets only work out when they get ready to promote, then just as soon as they have passed the CPFT, go back to being a couch potato. We want you to get fit and stay fit.

No one is so far out of shape they can not pass the CPFT in two months. It just takes dedications and 30 minutes of training a day. The key to passing the test is repetitions. For example, if you need to do 30 sit ups to pass the test and can only do 15 sit ups, start doing three sets of 10 sit ups. As you gain strength, start increasing the number of sit ups in each set. Remember, you are building body strength that we only test part of during a timed exercise. If you need help designing a training plan, contact a cadet program officer.

## Squadron Policies for CPFT:

- A cadet must pass the CPFT within the last three months to promote.
- Unless on a medical waiver, all cadets will participate in the bi-monthly CPFT at Runners World.
- Commanders can temporarily waive the CPFT for non-milestone promotions due to a condition or injury of a temporary nature. This includes broken bones, post-operative recovery, illness, and obesity. We consider being **physically unfit** a **temporary** condition similar to obesity.
- Cadets on a Commander’s waiver for the CPFT (not a doctor’s waiver) will:
  - Take the CPFT every month when it is scheduled
  - Have a personal exercise program
  - Report their monthly exercise to the Cadet Commander on the squadron’s exercise worksheet at the last meeting each month.
- The squadron’s exercise worksheet is located on the squadron website under Forms and Operating Instructions.
- Uniform of the Day for taking the CPFT is PT gear.

## Inputs for Monthly Newsletter

The newsletter will be published before the first meeting each month. If you have photos, articles, notices, or anything you want to add to this newsletter, please provide them to Lt Col Parker no later than the last meeting before the first of each month. If you are interested in working on the newsletter, please contact Lt Col Parker.

## Commander's Corner

### Schedules

We create and follow a schedule so that everyone is in the right place at the right time to participate in an activity. We often schedule several activities at the same time for different groups of members, so you end up attending the activity you need the most.

We have some activities that are mandatory for all members to attend. Our opening ceremony, Safety Briefings, AEX briefings, and the closing ceremony are just a few of the events everyone is expected to attend. It is disrespectful and rude to make everyone else wait for you to show up. Unless it is on the schedule or I have cleared it in advance, please be there on time.

### Squadron Newsletter

I am still amazed at the number of members who fail to read the squadron newsletter. The reason we publish a newsletter is to provide you information we feel you need. This may be clarifying squadron policies, explaining procedures, or providing articles to improve your leadership ability.

If you are not reading the newsletter, you are telling me you have NO interest in being in a squadron leadership position. Leaders lead—and you can only lead if you know what is going on.

Aim High

Rick Parker, Lt Col, CAP  
Commander





## Valley of Fire SAREX

The Valley of Fire Search and Rescue Exercise (SAREX) was a great success! Twenty CAP members began task training on 21 Dec and then deployed to the Valley of Fire on 22 Dec for field training, returning to Nellis AFB on 23 Dec. The experience gained from this SAREX will greatly improve the planning for the next squadron sponsored SAREX.

The Nevada State Park Rangers waived the normal entrance and camping fees to Valley of Fire and closed off the group camp grounds for our exclusive use. Training focused on ground team tasks and providing as realistic an operating environment as possible.

The deployment of the Southern Nevada Communications Trailer greatly enhanced the training. The trailer provided a command post for monitoring and directing ground team activities. The radios that deploy with the trailer gave each ground team member their own radio. This greatly increased communications training as all members could practice proper comm procedures throughout the SAREX. The highlight of the comms training was when each ground team member demonstrated communicating with and vectoring a CAP search aircraft.





## Uniforms and Regulations

Do you keep your promises? Think about it. Do you make commitments you can't keep, like "I'll run XX Activity... oh, sorry, I have to go on family vacation that week..." If things like that happened before, stop and take a hard think about why and how to make sure it never happens again. Keeping promises is a big deal.

Do people think you have a perfect uniform, perfect bearing, good customs and courtesies? Do they actually come to you and ask for help with uniforms? Do you help them? Think about it for a minute. Then read on.

Do people regularly ask you questions about the regs, and expect you to have the right answer? Do they assume that, since it came from you, it's "right?"

If you usually answer, "I'm not sure; let's look that up", that's still a good example. It shows subordinates that it's okay to be human, but it's better to find solutions on your own than to continue to "pass the buck"<sup>1</sup> with the question up the chain-of-command.

If your answer is "I'm not sure, let's ask", you could be creating dependence on command, and passing the buck. If your answer is something like "The preparatory command left, of column left march, is called on the left foot. That's because ... you'll find it in your AFR 36-2203; I think it's in chapter 3." You might just be sending the right message: Competence and knowledge is its own reward.

Is there another possible response here? Yes, believe it or not, there is. One other response is "Yes, according to CAPR 52-16, we're supposed to do it like such-and-such, but our Cadet Commander doesn't feel like doing it that because he's a " The message here is more subtle:

1. I know what I'm doing, but
2. My Boss does not;
3. The Boss is a fool

It's okay to break the rules if you are a boss

I could go on and on and on. This answer is bad for too many reasons to mention. Perhaps most important, it shows that it's better to grumble than to fix a problem, and breaks down Military Discipline.

## Military Discipline

"Military Discipline is that mental attitude and training which renders instinctive, reasoned obedience and proper conduct in all situations. It is founded upon respect for, and loyalty to, properly constituted authority, sir!" - *The definition of Military Discipline, Optional Memory work on the Charlie Flight Wall, MDWG Encampment 1992 [Wright-Patterson Air Force Base]*

It has been my experience that every action we take is either good for military discipline, or bad for it. When subordinates see you disrespect, ignore, or try to "get around" a superior, you are sending the not-so subtle message that it's okay to make your own judgments about which orders to follow. Want to be a good example? Start by examining yourself.

Footnotes:

1. Yes, issue 6 of Leading the Way covered this problem in great detail. In a nutshell: Pass the Buck abuses the staff concept, because instead of relieving superiors of routine details, the staff simply says "I need help" and ends passing problems up to command, which command has to solve. Command ends up resenting the staff for not getting the job done, and the staff ends up learning to rely on command instead of thinking for themselves.

**Nellis Composite Squadron**  
**3 Month Training Plan— Jan 2012 to Mar 2012**

Min	Description	All Members	Senior Members	Cadets	Phase Two	Phase One
	Week 1	3-Jan-2012		1st Tuesday		
20	Emphasis	Current Events				
25	Core			Character Dev		
25	Core			Called to Serve		
25	Spec Trng				AE Mod 4-2 Class	
25	Spec Trng				AE Mod 4-2 Activity	
		7-Jan-2012	CADET FIELD DAY			
	Week 2	10-Jan-2012		2nd Tuesday		
20	Emphasis	Safety Briefing				
25	Core	Uniform exchange				
25	Core	MS/MO Training				
25	Spec Trng	MS/MO Training		Achv/Drill Tests	AE Mod 4-3 Class	
25	Spec Trng	MS/MO Training		Turn-in promo agree.	AE Mod 4-3 Activity	
	Week 3	17-Jan-2012		3rd Tuesday		
20	Emphasis			Report to Runners		
25	Core			World for testing		
25	Core	MS/MO Training		CPPT		
25	Spec Trng	MS/MO Training		PT Games		
25	Spec Trng	MS/MO Training		PT Games		
	Week 4	24-Jan-2012		4th Tuesday		
20	Emphasis			Drill & Ceremony		
25	Core	MS/MO Training				L2L Chpt 3-1 Class
25	Core	MS/MO Training				L2L Chpt 3-1 Activity
25	Spec Trng	MS/MO Training				
25	Spec Trng	Promotion Ceremony				
	Week 5	31-Jan-2012		5th Tuesday		
				TBD		

**Nellis Composite Squadron**  
**3 Month Training Plan— Jan 2012 to Mar 2012**

Min	Description	All Members	Senior Members	Cadets	Phase Two	Phase One
	<b>Week 6</b>	<b>7-Feb-2012</b>		<b>1st Tuesday</b>		
20	<b>Emphasis</b>			Drill & Ceremonies		
25	<b>Core</b>			Character Dev		
25	<b>Core</b>	MS/MO Training		Chatter, Chatter Everywhere		
25	<b>Spec Trng</b>	MS/MO Training				L2L Chpt 3-2 Class
25	<b>Spec Trng</b>	MS/MO Training				L2L Chpt 3-2 Activity
	<b>Week 7</b>	<b>14-Feb-2012</b>		<b>2nd Tuesday</b>		
20	<b>Emphasis</b>	Safety Briefing				
25	<b>Core</b>					L2L Chpt 3-3 Class
25	<b>Core</b>	Uniform exchange				L2L Chpt 3-3 Activity
25	<b>Spec Trng</b>	BCUT		Achv/Drill Tests		
25	<b>Spec Trng</b>	Continued		Turn-in promo agree.		
	<b>Week 8</b>	<b>21-Feb-2012</b>		<b>3rd Tuesday</b>		
20	<b>Emphasis</b>			Drill & Ceremonies	CPFT (If Reqd)	
25	<b>Core</b>			Flight Activity	CPFT (If Reqd)	
25	<b>Core</b>	MS/MO Training		Flight Activity	CAPF 50s (As Reqd)	
25	<b>Spec Trng</b>	MS/MO Training		Drill		
25	<b>Spec Trng</b>	MS/MO Training		Drill		
	<b>Week 9</b>	<b>28-Feb-2012</b>		<b>4th Tuesday</b>		
20	<b>Emphasis</b>			Drill & Ceremonies		
25	<b>Core</b>				AE Mod 5-1 Class	
25	<b>Core</b>				AE Mod 5-1 Activity	
25	<b>Spec Trng</b>	AEX				
25	<b>Spec Trng</b>	Awards & Promotions				

**Nellis Composite Squadron**  
**3 Month Training Plan— Jan 2012 to Mar 2012**

Min	Description	All Members	Senior Members	Cadets	Phase Two	Phase One
	<b>Week 10</b>	<b>6-Mar-2012</b>		<b>1st Tuesday</b>		
20	Emphasis			Drill & Ceremonies		
25	Core			Character Dev		
25	Core	MS/MO Training		Credit Where Credit is Due		
25	Spec Trng	MS/MO Training			AE Mod 5-2 Class	
25	Spec Trng	MS/MO Training			AE Mod 5-2 Activity	
	<b>Week 11</b>	<b>13-Mar-2012</b>		<b>2nd Tuesday</b>		
20	Emphasis			Safety Briefing		
25	Core				AE Mod 5-3 Class	
25	Core				AE Mod 5-3 Activity	
25	Spec Trng	Uniform exchange		Achv/Drill Tests		
25	Spec Trng			Turn-in promo agree.		
	<b>Week 12</b>	<b>20-Mar-2012</b>		<b>3rd Tuesday</b>		
20	Emphasis			Report to Runners		
25	Core			World for testing		
25	Core			CPPT		
25	Spec Trng			PT Games		
25	Spec Trng			PT Games		
	<b>Week 13</b>	<b>27-Mar-2012</b>		<b>4th Tuesday</b>		
20	Emphasis			Drill & Ceremonies		
25	Core					Wright Bro. Review
25	Core					Leadership Activity
25	Spec Trng	AEX II				
25	Spec Trng	Awards & Promotions				