



The Nellis Times

January 2013



The City of North Las Vegas declares Dec 1-8 “Civil Air Patrol Week”

NOW, THEREFORE, I, THE MAYOR OF THE CITY OF NORTH LAS VEGAS, do hereby proclaim December 1st -8th, 2012 as:

“CIVIL AIR PATROL WEEK”

in North Las Vegas, and encourage all citizens to join in the observance.



Read the full proclamation [here](#).

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Promotions

Administrative Officer Achievement

C/1st Lt Daniel Schmidt 04 Dec 2012

Dr Robert H Goddard Achievement

C/CMSgt Dakota Q Read 06 Nov 2012

Gen Jimmy Doolittle Achievement

C/SMSgt Braden T Gant 04 Dec 2012

C/SMSgt Nicholas O Roth 04 Dec 2012

Charles Lindbergh Achievement

C/MSgt Hudson T Hargrove 04 Dec 2012

Capt Eddie V. Rickenbacker Achievement

C/TSgt Joseph A Brousseau 04 Dec 2012

Gen John F. Curry Achievement

C/Amn Jacob W Abbott 04 Dec 2012

C/Amn Christian R Banuelos 04 Dec 2012

C/Amn Avery N Barela 04 Dec 2012

C/Amn Cody L Jones 04 Dec 2012

C/Amn Matthew T Murray 04 Dec 2012

C/Amn Danielle I Myles 27 Nov 2012

C/Amn Edward O Myles 27 Nov 2012

C/Amn Makima M Stanley 04 Dec 2012

C/Amn Sarah N Strouse 04 Dec 2012

C/Amn Zane A Wilkinson 04 Dec 2012

2013: LOOKING FORWARD

13 New Space Missions to Watch In 2013

Clara Moskowitz, originally posted on space.com

This year has been a busy one for space missions, and it looks like next year will ramp things up even more.

Though NASA has retired its space shuttles, astronauts and cosmonauts are still launching regularly on Russian rockets to the International Space Station, and will continue to do so. Plus, China is planning another manned docking mission for 2013, and many more countries, such as South Korea, India, Canada and a coalition of European nations, will launch robotic science probes next year. [Read the full article here.](#)



“I Don't” Beats “I Can't” for Self-Control

Tori Rodriguez, originally posted on scientificamerican.com

Meet your goals more easily by changing the way you think about your vices. In four related studies published in the August 2012 *Journal of Consumer Research*, researchers examined the effect of different wording when using self-talk to resist temptation. When participants framed a refusal as “I don't” (for instance, “I don't eat sugar”) instead of “I can't,” they were more successful at resisting the desire to eat unhealthy foods or skip the gym. Study author Vanessa Patrick, professor of marketing at the University of Houston C. T. Bauer College of Business, says, “I believe that an effective route to self-regulation is by managing one's desire for the temptation, instead of relying solely on willpower.” She also believes that deprivation is an ineffective route to self-control. “Saying ‘I can't’ connotes deprivation, while saying ‘I don't’ makes us feel empowered and better able to resist temptation.”

IT'S OFFICIAL: CAP'S NEW GOVERNANCE STRUCTURE FULLY IMPLEMENTED

ORIGINALLY POSTED ON CAPVOLUNTEERNOW.COM

Civil Air Patrol will begin the new year with a new way of doing business.

The organization's new governance structure, which is now fully implemented, has changed the role of CAP's leadership and even the relationship between its 61,000 volunteers and National Headquarters' 100 employees. [Read the full article here](#)

HAPPY NEW YEAR

New Members

C/AB Edwardo Chacon

SM Jonathan Deitz

C/AB Alexis Gomez

C/AB Erik Gomez

C/AB Samuel Hargrove

SAR Academy *January 3rd-6th*

Open to all NVWG squadrons (Cadets/Senior)

Requirements:

Trainees- CAPT116 (GenES) completed and a C.A.P ID number.

Advanced - GTM3 and above

Gear:

-All ground team personnel will be required to bring 24hr gear

-Advance team needs complete 72hr gear; Trainees should have AT LEAST a portion of their 72hr gear (more details to follow.)



Schedule:

Thursday: 0600-2000 *Class room instruction at the Green Flag building.*

Friday-Sunday: Valley of Fire (Friday and Saturday will be overnight)

Goal:

-Have all trainees complete everything except ICS-100/700, first aid, and BCUT.

-Advanced students will help teach the trainees and work on GTM II/I ratings.

Fee: \$30

POC-

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C/Capt Casa
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1st Lt. Grantham
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Eventbrite: <http://nvwgsaracademy2013.eventbrite.com/>

(Eventbrite will close on December 29, 2012 at 11:59 pm. If you are not signed up by then, you will not go.)



Cadet Non-commissioned Officers School

25 - 27 January 2013

This cadet leadership activity will be held at Nellis Air Force Base in Las Vegas, Nevada and the cost for meals and materials will be \$35.00 per participant.



PARTICIPANTS WILL GET "HANDS ON" EXPERIENCE IN:

- Instructional Methods
- NCO Responsibilities
- Evaluation Techniques
- Drill and Ceremonies
- Color Guard/Guidon Protocols
- Providing Feedback

TO APPLY:

Applicants must register and pay for the activity at <http://nvwgncos2013.eventbrite.com>

Cadet Students: C/A1C and above are encouraged to apply by submitting a CAP Form 31 to 1st Lt Kevin Barber at kbarber.cap@gmail.com. Cadet applications must be received as soon as possible in order to ensure space is available. Traditionally, billets for this school have filled quickly and some applicants have been turned away. Applications received after Wednesday, 9 January 2013 will be accepted based solely on space availability.

Cadet Staff and Senior Member Staff: C/SSgt and above are encouraged to apply for Cadet Commander, Cadet Executive Officer, support staff, instructor staff, Seminar Leaders and Assistant Seminar Leaders. Cadet staff positions are open only to former NCOS graduates. Please submit cover letter and resume to 1st Lt Kevin Barber at kbarber.cap@gmail.com. The application deadline is Wednesday, 20 December 2012. Any applications received after 20 December 2012 will be accepted on a space available basis only. Senior positions include Seminar Instructor, Assistant Seminar Instructor, and senior support staff. Please also send email to kbarber.cap@gmail.com expressing interest in serving on senior staff.